

## **Local workshops with Youngsters of European Meeting House – Nowy Staw Foundation, Lublin (Poland)**

European Meeting House – Nowy Staw Foundation Lublin

1. Content of the training
2. Target group
3. Methodology
4. Social form (teamwork, individual)
5. Other Materials
6. Technical resources
7. Preconditions of trainers
8. Expenditure of time

European Meeting House – Nowy Staw Foundation from Lublin is a partner of several media projects that are realized together with Citizen's Media Centre Bennohaus from Münster in Germany and with partners from Sweden, Norway and Netherlands. Within the "Youth4Media" project there is a media group in the Nowy Staw, led by the media trainer Michał Wójcik (social worker experienced in the work with youth and media). Our project is supported by the "Youth-Programme" of the European Union.

The aim of the group is to achieve skills and practise in a wide comprehended field of media, especially in a field of film production, as well as gathering of experience and necessary knowledge and skills in social work. Using of media should support the social work with youngsters and it is an important part of education. The group has also a chance to gain skills in a field of youth work, project management and international youth meetings.

### 1. Content of the local workshops:

- a) Getting to know the objectives of "Youth4Media" project and guidelines of the "Youth" Programme
- b) basic camera
- c) film production– shooting, set, body language, how to behave in front of the camera, basic journalism
- d) setting white balance, work with microphone and tripod
- e) editing video files - common rules of editing
- f) writing scenario to the reportage – "Lublin as a meeting point of East and West"
- g) film production - filming on location
- h) video editing

### 2. Target group

Target group of the project are students of sociology at the Catholic University in Lublin (media faculty) as well as students of international relations at the Maria Curie – Skłodowska University in Lublin. They are also volunteers and multiplicators of work with youth within the European Meeting House – Nowy Staw Foundation, where they have possibility to participate in some international youth exchanges, to prepare and realize them. There is also a chance to get to know, how to organize some youth meetings within the "Youth" Programme and Polish – German Youth Office.

### 3. Methodology

The first meeting and local workshop took place on the 23<sup>rd</sup> October 2003 in the office of European Meeting House – Nowy Staw Foundation. Volunteers of our house prepared the

posters with the information about the meeting and about the project. The posters were hung out in the high – schools and universities in Lublin (KUL, UMCS). In the meeting participated students of sociology (KUL) – media faculty and students of international relations UMCS. The first meeting was devoted to inform about the media work in the Nowy Staw, about the “Youth4Media” project (content, objectives, tasks to do) and to present the guidelines of EU - “Youth” Programme. The participants were encouraged to join the Nowy Staw Foundation and the media work.



**Picture 1.** Seminar about „Youth4Media” Project and “Youth” Programme in Lublin

Workshops with camera - basic camera (30<sup>th</sup> of October, 06<sup>th</sup> of November 2003). Participants of the first meeting were asked to divide into two small groups. Each group took part in the training of basic camera (Sony DCR-TRV 125E). Media trainer has presented the camera – the construction of camera, how to turn it on and off, VCR functions, basic information about digital cameras – Super Steady Shot, CCD, Zoom, menu functions – LP, SP, AE etc.

After the first part of the training each participant got the camera to do some exercises: to turn camera on, turn it off, to put mini DV cassette on, put it off, to play the recorded material (VCR functions) and to record the material. Then everyone was asked to record some short sequences and to practice the camera’s functions.

On the 16th of November 2003 we organized the whole day seminar in the European Meeting House in Nasutov next to Lublin. It had a form of journalistic workshops – basic journalism, knowledge about film production, set, filming on location etc. We had also practiced how to behave in front of the camera, diction and body language. The participants of the seminar had also a possibility of individual work with camera to record some short sequences. The second part of the seminar was devoted to present some popular editing systems like i-movie programme and Adobe Premiere.

Next workshops took place in the office of EMH – Nowy Staw in Lublin. The group meets there almost every second week on Friday 3 p.m. Within the further workshops the participants got to know better the functions of camera and editing system. They learnt how to set white balance, how to record audio and how to work with tripod.

At the beginning the media trainer instructed the participants and explained how to set white balance (automatically, manually and using the function „hold”), how to fix the camera on a tripod and how to connect the microphone. Then the group tried to record some short sequences without white balance, with white balance and with the held white balance. They noticed that by the passing from the artificial into natural light the picture is too blue and in reverse the picture is too red. It showed them how important it is.

Within the workshops the participants had possibility to use the knowledge about film production and editing, they gained before. Using the film material prepared before by the media trainer, they learned the common rules of editing and editing system – Ulead Media Studio Pro 6,5. They learned how to capture the video file, how to cut, how to split video path

from the audio and they get to know some basic function of editing: transposition effects, video effects like e.g. old movie etc. The result of the work was a provisionally edited movie "Lublin – i'm lovin it", that was later finished by the media trainer and sent to Münster.

The second movie prepared by the media group was a reportage about Lublin as a meeting point of East and West. It was prepared in January 2004. The subject of the film were the situation and the problems of young immigrants in Lublin. The participants of the group invited a German volunteer from the Happy Childhood Foundation in Lublin and a Belorussian student at the Catholic University in Lublin. They are immigrants living in Lublin and who are very active in the society.

Media group met in order to prepare scenario, to prepare the set – place and time of action, request for permission to film in a pub and at the university. They have also presented the scenario and concept of the film to the main actors.

In the film production workshops some problems have occurred – the white balance wasn't set correct and blue colors dominated by the passing from the artificial to natural light. The microphone was wrong connected to the camera and they had some problems with audio recording at the beginning. In the pub, where it was filmed, the group did not estimated the light correct and the film was too dark. But the problems were solved by the media trainer and the group has experienced how to cope with such problems in the future.



**Picture 2.** Setting white balance.

The reportage „Lublin as a meeting point of East and West” has been edited by the participants of local workshops (14<sup>th</sup> and 17<sup>th</sup> of January 2004). They have done the first processing of the material – they have cut it, used the transposition effects like cross fade and edited the audio path. The whole has been finished by the media trainer and sent to Bennohaus as the second movie for "Youth TV Magazine".



**Picture 3.** Cutting

#### 4. Social form:

- lecture – slide show presentation of the „Youth4Media” project and rules of the „Youth” Programme
- team work – work with camera, editing, preparing the scenario, film production
- journalistic workshops
- individual work – work with camera, editing



**Picture 4.** Teamwork



**Picture 5.**  
Teamwork – preparing scenario.

#### 5. Materials:

- Handbook about Adobe Premiere 6,5 editing programme
- Handbook – Jan Jacoby „The direction of amateurish film” Warsaw 1971
- Guidebook of the „Youth” Programme
- Reader “Best practice” from OK TV Münster

#### 6. Technical resources:

- camera Sony DCR-TRV 125E



- camera Sony DCR-TRV 940E
- digital camera HP Photo Smart 935

**Picture 6.** Sony DCR-TRV 940 E

- eMac
- PC with the editing system Ulead Media Studio Pro 6,5, Adobe Premiere 6,5
- tripod, microphone, light

#### 7. Preconditions of trainers

The participants of the media group – students of sociology (media faculty) didn't have some experience and practice with camera and editing before. They had some theoretical knowledge, but they didn't have experience and possibility to work with camera and to realize their own ideas and film projects.

Media trainer – social worker of the Nowy Staw foundation had some experience in the field of media, working with a camera and editing as well as project management. He took place in the training seminars in Münster and Lublin as well as in the seminars devoted to project management and "Youth" Programme.

#### 8. Expenditure of time

Media group meets every second week on Friday 3 p.m. for some three hours meeting. Within the meeting they work with camera, editing system and they prepare scenarios. It took about nine hours (three weeks) to get to know basic camera and editing. We suppose that it will take another month for deepening the media work.